

# Discharge Policy for Non-Attendance at Appointments 1.26

Document Control			
Version Number	1		
Author	AK		
Date	March 2025		
Last Revised			
Updated			
Date to be review	March 2026		

Version Control					
Version	Author	Date	Changes		
1	Adam Kennaugh	March 2025	First draft		

### Introduction

iSIGHT Clinics are committed to providing the highest standard of ophthalmic care to all its patients. To ensure the efficient use of resources and timely access to care for all patients, it is essential to address the issue of non-attendance at scheduled appointments. This policy outlines the procedures for discharging patients who fail to attend their appointments without prior notice.

# **Policy Objective**

The objective of this policy is to:

- Minimise the negative impact of missed appointments on the clinic's operations and other patients.
- Ensure fair and consistent handling of non-attendance cases.
- Provide clear guidelines to patients regarding the consequences of failing to attend appointments.

Author: AK Date: March 2025 Reviewed:



# Scope

This policy applies to all patients scheduled for appointments at iSight Clinics, including consultations, follow-up visits, diagnostic tests, and treatment sessions.

# **Definition of Non-Attendance**

Non-attendance is defined as a patient failing to attend a scheduled appointment without cancellation or rescheduling at least 48 hours in advance.

## New referral DNA - Assessment of Referral

If a patient does not attend a new patient appointment/ referral episode, a copy of the referral must be sent to a senior member of the clinical team. Upon receiving a referral, a senior clinical team member will assess it to ensure that the condition is not sight threatening. This step is crucial to prioritise urgent cases and provide timely care to those in need.

#### Procedures for Non-Attendance

- When a **new** patient fails to attend their first scheduled appointment without prior notice, the administrative staff will attempt to contact the patient within 24 hours to assess their reason for non-attendance. This contact will be recorded on EMIS, including if no contact is made, then a subsequent attempt at contact will be made, after which a letter will be sent to the referrer.
- If it is determined that the condition is not sight-threatening, a decision to discharge the patient from iSight's care will be made by a senior member of the clinical team. The patient will be referred back to their General Practitioner (GP) or optician.
- A discharge letter will be sent to the patient, explaining the reasons for the discharge, and advising them to seek care from another provider or return to their referring NHS practitioner.
- A copy of the discharge letter will be sent to the patient's GP or the referring practitioner, e.g. Optometrist.
- If the condition is assessed as sight-threatening, the patient will be given the opportunity to reschedule the appointment. The contact attempt and assessment outcome will be recorded in the patient's medical record.

## **Exceptions and Special Considerations**

Certain circumstances may warrant exceptions to the discharge policy:



- Patients with genuine emergencies or unavoidable circumstances (e.g. sickness) preventing attendance will be considered on a case-by-case basis by the patient co-ordinators with reference to the clinical staff if necessary.
- Patients with chronic illnesses or disabilities who may face difficulties in attending appointments should be given additional support and flexibility.
- Patients who communicate in advance regarding their inability to attend due to valid reasons will not be penalised, provided they reschedule in a timely manner.

# Communication of Policy

- Patients will be informed of this policy at the time of their initial appointment by inclusion in their appointment letter, and through notices displayed in the clinics premises.
- Both Text message reminders that are sent to remind patients of their upcoming appointments will also reiterate this policy for non-attendance and provide details on how to rearrange their appointment. These text messages can be audited to ensure they have been received by the patient.
- The policy will also be made available on the iSight website.

## **Review and Monitoring**

- This policy will be reviewed annually by the iSight management team to ensure its effectiveness and relevance.
- Non-attendance rates and the outcomes of discharge decisions will be audited and monitored every 3 months to identify any trends or areas for improvement, and the policy will be reviewed as necessary.

## Conclusion

The discharge policy for non-attendance at iSight Clinics aims to ensure that all patients receive timely and efficient care while maintaining fairness and consistency. By addressing the issue of missed appointments, iSight Clinic can optimize its resources and continue to provide high-quality ophthalmic services to all of its patients.

## Addendum

There is a separate policy for patient cancellations or postponement of appointments and surgical appointments.

Author: AK Date: March 2025 Reviewed: